

KENA SALMON 2.0



HONEY SOY SALMON SOBA

Charred Corn
Spicy Edamame
Sauteed Shiitake
63°C Egg
Pickled Ginger
Furikake
Sesame Ginger
Dressing

16.9



GAINS CITY



SPICED CHICKEN BREAST QUINOA

Avocado
63°C Egg
Spicy Edamame
Roasted Broccoli
Sesame Seeds
Toasted Almonds
Smoked Paprika
Vinaigrette

13.9



Chicken
 Tofu 13.9

PESTO MANIFESTO



GARLIC SHRIMP PASTA/MESCLUN

Spicy Edamame
Roasted Broccoli
Cucumber
Roasted Cherry
Tomatoes
Pine Nuts
House Special
Basil Pesto

15.9



Chicken 13.9
 Avo 12.9

UNDER THE SEA



ZA'ATAR BARRAMUNDI BARLEY/MESCLUN

Charred Corn
Pomegranate
Roasted Broccoli
Pickled Shallots
Toasted Almonds
Coriander
Lemon Tahini
Dressing

15.9



TITO BURRITO



TACO BEEF BROCAULI-RYCE

Avocado
Pico De Gallo
Charred Corn
Black Beans
Coriander
Crushed Tortilla Chips
Cilantro-Lime
Yogurt

15.9



Tofu 14.9

FUN WITH BLACK



UMAMI TOFU BLACK RICE

Avocado
Cucumber
Honey Mango
Red Cabbage
Pickled Ginger
Sesame Seeds
Coriander
Spicy Coco-Peanut

13.9



Chicken 13.9



contains nuts



contains gluten



mild spice



contains yogurt



vegetarian



vegan



allium-free

LOYALTY PROGRAM

Dine and be rewarded!

Make a purchase and receive your FREE loyalty card today!

smol

FITNESS PARTNERS

Virgin active

F Fitness First

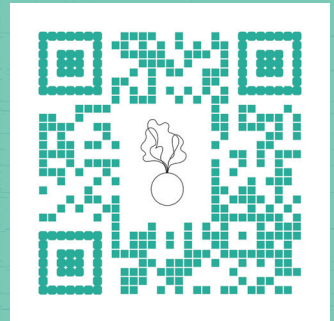
PURE
FITNESS

CORPORATE & DELIVERY

We deliver islandwide and have an exclusive menu available for finger foods, snacks and drinks.

Email eat@smol.sg to find out more.

LEAVE A REVIEW



@HUNGRYFORMOL

NUTRITIONAL INFO



KENA SALMON 2.0

Calories: 598
Protein: 45
Net Carb: 53
Fat: 23



GAINS CITY with chicken / tofu

Calories: 643 / 641
Protein: 46 / 38
Net Carb: 50 / 51
Fat: 30 / 34



PESTO MANIFESTO

with shrimp / chicken / avo
Calories: 525 / 559 / 556
Protein: 38 / 40 / 19
Net Carb: 33 / 33 / 34
Fat: 26 / 28 / 36



UNDER THE SEA

Calories: 440
Protein: 32
Net Carb: 39
Fat: 15



TITO BURRITO

with beef / tofu
Calories: 676 / 486
Protein: 35 / 28
Net Carb: 32 / 32
Fat: 42 / 24



FUN WITH BLACK

with tofu / chicken
Calories: 534 / 536
Protein: 23 / 31
Net Carb: 47 / 46
Fat: 25 / 22