



smol  
EVENTS & CATERING

# delivery menu

# who we are

- women-owned food & beverage social enterprise
- halal-certified catering and cafe open to public at PLQ Parkside (monday-saturday)
- for-profit with purpose: championing diversity, inclusion and environmental sustainability

*Driven by an Appetite For Good™ — delicious food, positive impact, and community-first values*



# bentos • grain bowls & salads

*our roots, our favorites — the dishes that put us on the map*

## why you'll love it

- 🥗 healthy, clean, ingredient-forward options
- 🥗 80% of this menu features local ingredients
- 🥗 macros available, fully customizable to dietary needs
- 🥗 create-your-own bowls for ultimate flexibility
- 🥗 bulk discounts available for larger orders

## the logistics bit

- 🚚 no MOQ
- 🚚 order 1-3 working days in advance (by 3pm)
- 🚚 same day delivery available, subject to availability
- 🚚 purchase \$200 for free delivery islandwide (otherwise, \$20)
- 🚚 purchase \$150 for free delivery to Paya Lebar buildings only: PLQ, PLS, Singpost, LLI (otherwise, \$10)
- 🚚 surcharges may apply for restricted delivery zones



# bentos • grain bowls & salads | best sellers



## kena salmon \$16.90

honey soy salmon steak, soba, charred corn, spicy edamame, 63°C egg, mushroom medley, pickled ginger, furikake, sesame ginger dressing



## gains city – chicken \$14.90 | nut-free opt avail

chicken breast, quinoa, avocado, spicy edamame, 63°C egg, roasted broccoli, sesame seeds, toasted almonds, smoked paprika vinaigrette



## under the sea \$16.90 | nut-free opt avail

za'atar barramundi, barley, mesclun, charred corn, pomegranate, roasted broccoli, pickled spanish onions, toasted almonds, coriander, lemon vinaigrette



## pesto joy – chicken \$14.90

chicken breast, pasta, mesclun, spicy edamame, roasted broccoli, japanese cucumber, roasted cherry tomatoes, pine nuts, house special basil pesto



## pesto joy – shrimp \$16.90

garlic shrimp, pasta, mesclun, spicy edamame, roasted broccoli, japanese cucumber, roasted cherry tomatoes, pine nuts, house special basil pesto



## fun with black – chicken \$14.90 | nut-free opt avail

chicken breast, tri-color rice, avocado, cucumber, honey mango, red cabbage, pickled ginger, sesame seeds, coriander, spicy coco-peanut



## caul me maybe – beef \$17.90

striploin steak, brocauli-ryce, 63.5°C egg, pico de gallo, chat potatoes, black beans, crushed tortilla chips, roasted garlic dressing

 contains nuts  mild spice  contains dairy  contains gluten

# bentos • grain bowls & salads | **vegan & vegetarian • custom**



## pesto joy – tofu \$14.90



chicken breast, pasta, mesclun, spicy edamame, roasted broccoli, japanese cucumber, roasted cherry tomatoes, pine nuts, house special basil pesto



## gains city – tofu \$14.90



chicken breast, quinoa, avocado, spicy edamame, 63°C egg, roasted broccoli, sesame seeds, toasted almonds, smoked paprika vinaigrette



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## create-your-own from \$12.90 (MOQ 5)

choose 1 base, 1 protein (or 3 complements), 3 complements, 2 crunch, 1 dressing — or mix it up however you like!  
*contact your relationship manager for order sheet*



## add-ons (available for all)

protein \$4 – \$8  
complements \$1.50 – \$2.50  
crunch \$0.50 – \$1  
dressings \$1.50 – \$2

contains nuts mild spice contains dairy

vegan vegetarian contains gluten allium-free vegetarian

# bentos • premium executive set

*crafted for good taste, good balance, and good company*

image  
coming  
soon

## soy-glazed chicken \$32

boneless chicken thigh, furikake soba noodles, garlic sesame broccolini, onsen tamago, spinach & edamame salad, fresh fruit

## black pepper steak \$37

striploin cubes, aglio olio, roasted peppers, truffle mashed potato, red cabbage-carrot slaw, chocolate brownie

## crusted salmon steak \$39

nut-crusted salmon steak, lemon-herb quinoa, buttered green beans, roasted chat potatoes, mesclun salad, fresh fruit

## garlic-butter shrimp \$35

juicy large shrimp, pesto fusilli, roasted cherry tomatoes, garlic sesame broccolini, citrus salad, chocolate brownie

## grilled unagi \$42 *limited time special*

unagi kabayaki, tri-color rice, buttered green beans, pickled onion & cucumber salad, onsen tamago, fresh fruit

## creamy burrata \$32 vegetarian

whole burrata, mesclun mix, sauteed mushroom medley, roasted zucchini, pesto potato salad, fresh fruits

## sticky tempeh \$28 vegan

tempeh manis, tri-color rice, garlic sesame broccolini, sauteed mushroom medley, pickled onion & cucumber salad, fresh fruits

-  min order of 10 meal boxes, min 10 per type
-  order 5 working days in advance (by 3pm)
-  delivery fee \$30

# sharing boxes



## assorted mini croissants \$49 (12pc/box)



original, egg mayo, chicken mayo, tuna & cheese

## premium mini croissants \$59 (12pc/box)



truffle egg mayo, pesto chicken, turkey ham & cheese, tuna cucumber

## pandan french toast \$59 (24pc/box)



served with kaya on the side

## fruit platter \$69 (10-12pax)



## assorted nonya kueh \$79 (10-12pax)

ondeh-ondeh, kueh lapis, kueh salat, ang ku kueh bean, kotoh ubi, kueh kao swee

## signature chocolate brownies \$55 (24pc/box)



## dark chocolate walnut brownies \$62 (24pc/box)



 contains nuts  contains dairy  vegan  vegetarian  contains gluten

 min order of 2 sharing boxes

 order 5 working days in advance (by 3pm)

 delivery fee \$30 (early morning surcharge +\$15)

# beverages • fresh-bottled & canned

*crafted for good taste, good balance, and good company*

## homemade sparkling lemonade 240ml

original \$5  
mint \$5.50  
pomegranate \$6  
ginger \$6  
lime \$6  
coriander \$6

## cold coffee & tea 240ml

white (espresso with whole milk) \$5  
oat white (espresso with oat milk) \$5.50  
long black \$5  
cold-brew green tea \$5  
maple matcha latte \$6  
maple matcha oat latte \$6.50  
dirty matcha latte (matcha latte with espresso) \$7

## still & sparkling water

Wallaby still 330ml  
Wallaby sparkling 500ml

## coming soon...

hot black coffee cannister  
hot black tea cannister  
hot green tea cannister

- 🚚 add on to your bento or sharing box order
- 🚚 lead times vary based on quantity
- 🚚 delivery fees apply based on menu



# let's make it yours

your spread, your way!  
let us know what you have in mind  
and we'll make it happen.

[eat@smol.sg](mailto:eat@smol.sg)