



smol
EVENTS & CATERING

delivery menu

updated 03.05.2026
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who we are

- women-owned food & beverage social enterprise
- halal-certified catering and cafe open to public at PLQ Parkside (monday-saturday)
- for-profit with purpose: championing diversity, inclusion and environmental sustainability

Driven by an Appetite For Good™ — delicious food, positive impact, and community-first values



bentos • grain bowls & salads

our roots, our favorites — the dishes that put us on the map

why you'll love it

- 🥗 healthy, clean, ingredient-forward options
- 🥗 80% of this menu features local ingredients
- 🥗 macros available, fully customizable to dietary needs
- 🥗 create-your-own bowls for ultimate flexibility
- 🥗 bulk discounts available for larger orders

the logistics bit

- 🚚 no MOQ
- 🚚 order 1-3 working days in advance (by 3pm)
- 🚚 same day delivery available, subject to availability
- 🚚 purchase \$200 for free delivery islandwide (otherwise, \$20)
- 🚚 purchase \$150 for free delivery to Paya Lebar buildings only: PLQ, PLS, Singpost, LLI (otherwise, \$10)
- 🚚 surcharges may apply for restricted delivery zones



bentos • grain bowls & salads | best sellers



kena salmon \$16.90

honey soy salmon steak, soba, charred corn, spicy edamame, 63°C egg, mushroom medley, pickled ginger, furikake, sesame ginger dressing



gains city – chicken \$14.90 | nut-free opt avail

chicken breast, quinoa, avocado, spicy edamame, 63°C egg, roasted broccoli, sesame seeds, toasted almonds, smoked paprika vinaigrette



under the sea \$16.90 | nut-free opt avail

za'atar barramundi, barley, mesclun, charred corn, pomegranate, roasted broccoli, pickled spanish onions, toasted almonds, coriander, lemon vinaigrette



pesto joy – chicken \$14.90

chicken breast, pasta, mesclun, spicy edamame, roasted broccoli, japanese cucumber, roasted cherry tomatoes, pine nuts, house special basil pesto



pesto joy – shrimp \$16.90

garlic shrimp, pasta, mesclun, spicy edamame, roasted broccoli, japanese cucumber, roasted cherry tomatoes, pine nuts, house special basil pesto



fun with black – chicken \$14.90 | nut-free opt avail

chicken breast, tri-color rice, avocado, cucumber, honey mango, red cabbage, pickled ginger, sesame seeds, coriander, spicy coco-peanut



caul me maybe – beef \$17.90

striploin steak, brocauli-ryce, 63.5°C egg, pico de gallo, chat potatoes, black beans, crushed tortilla chips, roasted garlic dressing

 contains nuts  mild spice  contains dairy  contains gluten

bentos • grain bowls & salads | **vegan & vegetarian • custom**



pesto joy – tofu \$14.90



umami tofu, pasta, mesclun, spicy edamame, roasted broccoli, japanese cucumber, roasted cherry tomatoes, pine nuts, house special basil pesto



gains city – tofu \$14.90



umami tofu, quinoa, avocado, spicy edamame, 63°C egg, roasted broccoli, sesame seeds, toasted almonds, smoked paprika vinaigrette



caul me maybe – tofu \$17.90



umami tofu, brocauli-ryce, 63.5°C egg, pico de gallo, chat potatoes, black beans, crushed tortilla chips, roasted garlic dressing



fun with black – tofu \$14.90



umami tofu, tri-color rice, avocado, cucumber, honey mango, red cabbage, pickled ginger, sesame seeds, coriander, spicy coco-peanut dressing



create-your-own from \$12.90 (MOQ 5)

choose 1 base, 1 protein (or 3 complements), 3 complements, 2 crunch, 1 dressing — or mix it up however you like!
contact your relationship manager for order sheet



add-ons (available for all)

protein \$4 – \$8
complements \$1.50 – \$2.50
crunch \$0.50 – \$1
dressings \$1.50 – \$2

contains nuts mild spice contains dairy

vegan vegetarian contains gluten allium-free vegetarian

sharing boxes



- 🚚 order 3 working days in advance (by 3pm)
- 🚚 delivery fee \$30 (early morning surcharge +\$15)

premium mini croissants \$65 (12pc/box)

generously filled and baked fresh to order
truffle egg mayo, pesto chicken, turkey ham & cheese, tuna cucumber

pandan french toast \$55 (~24pc/box)

wei wen's favourite; served with kaya on the side

pinwheel platter (~36pc/box) \$75

light and flavorful: rainbow veggie, pesto chicken, turkey ham & cheese

duo hummus platter (8-12pax) \$75

our founder's closely-guarded hummus recipe, made to order in two variations
served with warm pita and assorted veggie sticks

crisp & savory samosa and spring rolls (8-12pax) \$55

served with our signature curried mayo

seasonal premium fruit platter (8-12pax) \$70

a curated selection of premium seasonal fruits

homemade chocolate brownies (~24pc/box) \$70

a crowd favourite—signature original, dark chocolate walnut, sea salt caramel

-  contains nuts
-  contains dairy
-  vegan
-  vegetarian
-  contains gluten

beverages • fresh-bottled & canned

crafted for good taste, good balance, and good company

homemade sparkling lemonade 240ml

original \$5
mint \$6
pomegranate \$6
ginger \$6
peach \$6
passionfruit \$6

cold coffee & tea 240ml

white (espresso with whole milk) \$5
oat white (espresso with oat milk) \$5.50
long black \$5
cold-brew green tea \$5
maple matcha latte \$6
maple matcha oat latte \$6.50
dirty matcha latte (matcha latte with espresso) \$7

still & sparkling water

Wallaby still 330ml
Wallaby sparkling 500ml

coming soon...

hot black coffee cannister
hot black tea cannister
hot green tea cannister

- 🚚 add on to your bento or sharing box order
- 🚚 lead times vary based on quantity
- 🚚 delivery fees apply based on menu



let's make it yours

your spread, your way!
let us know what you have in mind
and we'll make it happen.

eat@smol.sg